

# GLOBAL VENTURES PACKING LIST

## LUGGAGE

- ONE suitcase and ONE backpack

## DOCUMENTS

- Flight itinerary (JSMI will mail you this a few weeks before your trip)
- Passport
- Copy of insurance card

## CLOTHING (Please be mindful and bring modest attire).

- 5-6 shirts (**NO sleeveless, low-cut, or midriff shirts will be allowed**)
- 3-4 pairs of jeans or capris (below the knee)
- Jacket and/or sweatshirt (for colder climates)
- Undergarments (enough for 10-12 days)
- Socks
- One piece swimsuit and shorts to the knee for hotel
- Crusade – Men:
  - 3-4 collared shirts
  - 2-3 pairs of dress pants
- Crusade – Women:
  - Dress shirts or blouses
  - 3-4 dresses or skirts below the knee
  - 1-2 pairs of dress pants (for nights not on crusade stage)

## FOOTWEAR

- Flip flops (for the shower)
- Tennis shoes (that you don't mind getting dirty)
- Dress shoes for the crusades

## TOILETRIES

- Towel and washcloth
- Soap & Shampoo
- Toilet paper
- Hand sanitizer
- Antibacterial /Baby wipes
- Anti-diarrhea medicine
- Pain relievers (Advil, Tylenol PM, etc.)
- Feminine products (ladies only)
- **Electrolytes** (you can find these in "chew" form or powder form to mix in your water)
- Sunscreen (at least SPF 30)
- Insect repellent (with DEET)

## MISCELLANEOUS (helpful items)

- **Snacks** (enough to last 10 days)
- Bible, notebook, and pen
- Camera
- Water bottle
- Battery operated alarm clock
- Mini flashlight
- Spending money for souvenirs (suggested \$50-\$100 USD per week, cash only)
- Raincoat or poncho
- Dictionary (translate from English to national language)

## IMMUNIZATIONS

- Be up to date on all childhood immunizations.
- Immunizations strongly recommended by JSMI:
  - **Hepatitis A**
  - **Hepatitis B**
  - **Typhoid**
  - **Tetanus**
  - **Yellow Fever**

\*\*These are recommended by JSMI for all travel. Please check the Centers for Disease Control website at: [www.cdc.gov/travel](http://www.cdc.gov/travel) for recommended immunizations pertaining to the country you will be traveling to as a part of a JSMI Global Ventures Team Trip.

\*\*NOTE: Theft is always a possibility with traveling abroad. PLEASE DO NOT BRING ANYTHING THAT YOU CAN'T AFFORD TO LOSE.